

Redeemer Lutheran Preschool  
 Emergency Plan for Social and Physical distancing guidance  
 and healthy practices during Covid-19 Pandemic

The California Department of Social Services, with which we are licensed to operate, have been working in collaboration with other state and local agencies to develop guidelines for social and physical distancing in regard to healthy practices for child care programs during this time.

On July 1<sup>st</sup>, 2020 California preschool programs were once again eligible to provide care for the general public. Redeemer will continue to remain open unless the California Health Department or other governing agencies deem it necessary to close.

### Coronavirus Quarantine Scenarios for Redeemer Lutheran

**Please note the following guidelines pertaining to Covid-19 and other illnesses.**

The following info is taken from the California Department of Public Health and is subject to change.

<b>Student or staff with:</b>	<b>Actions taken</b>
<b>1. Covid-19 Symptoms</b> (e.g., fever, cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell)	<ul style="list-style-type: none"> <li>• Send home</li> <li>• Recommend testing by doctor (if positive, see #3, if negative see #4)</li> <li>• School/classroom remain open unless health department says otherwise</li> <li>• Doctor’s note required to return</li> </ul>
<b>2. Close Contact (+)</b> <b>With a confirmed Covid-19 case</b>	<ul style="list-style-type: none"> <li>• Send home</li> <li>• Quarantine for 14 days from last exposure</li> <li>• Recommend testing (but will not shorten 14-day quarantine)</li> <li>• School / classroom remain open unless health department says otherwise</li> </ul>
<b>3. Confirmed Covid-19 case infection</b>	<ul style="list-style-type: none"> <li>• Notify the public health department</li> <li>• Isolate case and exclude from school for 10 days from symptom onset or test date</li> <li>• Identify contacts (+), quarantine &amp; exclude exposed contacts (likely entire cohort (++) for 14 days after</li> </ul>

	<p>the last date the case was present at school while infectious</p> <ul style="list-style-type: none"> <li>• Recommend testing of contacts, prioritize symptomatic contacts (but will not shorten 14-day quarantine)</li> <li>• Disinfection and cleaning of classroom and primary spaces where cases spent significant time</li> <li>• School / classroom remains open unless health department says otherwise</li> </ul>
<b>4. Tests negative after symptoms</b>	<ul style="list-style-type: none"> <li>• May return to school 3 days after symptoms resolve</li> <li>• School / classrooms remain open unless health department says otherwise</li> </ul>

(+) A contact is defined as a person who was less than 6 feet from a confirmed case for more than 15 minutes. In some school situations, it may be difficult to determine whether individuals have met this criterion and/or an entire cohort, classroom, or other group may need to be considered exposed, particularly if people have spent time together indoors.

(++) A cohort is a stable group with fixed membership that stays together for all courses and activities (e.g. lunch recess, etc.) and avoids contact with other persons or cohorts as much as possible.

## Illness Scenarios for Redeemer Lutheran Preschool

The CDC recommends staying home when not feeling well for everyone and returning to work or school when symptom free from all illnesses. All students will have their temperature taken upon arrival, along with a visual wellness check, and asked general health questions before being permitted to stay. All staff will be required to record their own temperatures before clocking in.

<b>Student or staff with:</b>	<b>Actions taken</b>
<b>A fever of 100.0 degrees Fahrenheit within the last 24 hours</b>	<ul style="list-style-type: none"> <li>• Parent will be called to pick up their child &amp; can't return unless fever free without medication for 24hours</li> </ul>

	<ul style="list-style-type: none"> <li>• Child will be isolated in a separate area to reduce germs</li> </ul>
<b>Diarrhea of 2 or more times within a 24-hour period</b>	<ul style="list-style-type: none"> <li>• Temperature will be taken</li> <li>• Parent will be called to pick up their child &amp; can't return unless symptom free without medication for 24hours</li> <li>• Child will be isolated in a separate area/ bathroom to reduce germs</li> </ul>
<b>Vomiting 2 or more times within a 24-hour period</b>	<ul style="list-style-type: none"> <li>• Parent will be called to pick up their child &amp; can't return unless symptom free without medication for 24hours</li> <li>• Child will be isolated in a separate area to reduce germs</li> </ul>
<b>Persistent cough</b>	<ul style="list-style-type: none"> <li>• Temperature will be taken</li> <li>• Parent will be notified depending on symptoms of child may be asked to be picked up</li> <li>• Can return to school the next day</li> </ul>
<b>Heavy mucous discharge from the nose or any colored excretions</b>	<ul style="list-style-type: none"> <li>• Temperature will be taken</li> <li>• Parent will be notified depending on symptoms of child may be asked to be picked up</li> <li>• Doctor consult is recommended to determine the cause</li> <li>• If the discharge continues for several days the child needs to seek medical attention</li> <li>• Can return to school with a doctor's note</li> </ul>
<b>Conjunctivitis (Pink eye) with Redness in the eye and beige discharge on the corners, sometimes crusted discharge around the eye</b>	<ul style="list-style-type: none"> <li>• Child will be isolated in a separate area to reduce germs</li> <li>• Doctor consult is needed to receive medication for the eye</li> <li>• May not return to school for 24 hours with medication</li> </ul>

<b>Runny nose with clear discharge</b>	<ul style="list-style-type: none"> <li>• Temperature taken</li> <li>• Asked to wash hands frequently</li> <li>• Monitored throughout the day</li> <li>• Notify parent to keep them informed of physical health</li> </ul>
<b>Lethargic, sleepy, not wanting to do anything</b>	<ul style="list-style-type: none"> <li>• Temperature taken</li> <li>• Asked to wash hands frequently</li> <li>• Monitored throughout the day</li> <li>• Notify parent to keep them informed of physical health &amp; it's the parents' choice to pick up their child</li> </ul>
<b>Communicable diseases</b>	<ul style="list-style-type: none"> <li>• Child will be isolated in a separate area to reduce germs</li> <li>• Doctor consult is recommended to determine the cause</li> <li>• May not return to school for 24 hours or until symptom free from the incubation period &amp; a doctors' note</li> </ul>

**Drop off and pick up:**

A staff member will receive all students upon arrival in the modular classrooms from 6:30am - 8:00am and then outdoors, until 9:00am. A rolling cart with the sign/in and out binders, hand sanitizer, pens, and disposable masks will be located near the modular classroom doors or stationed at the bottom of the concrete ramp until 9:00am.

We ask that each child arrive between the hours of 6:30-9:00am in order to effectively use all staff members appropriately. If you arrive after 9:00am you will need to call the pre-school phone at 714-840-7117 and wait until someone is available to admit your child. Parents are required to wear masks while on campus. The staff are required to wear masks unless practicing social distancing of 6 feet or eating and drinking during meal times. Children are not required to wear masks.

- Please sign your child in/out at the sign in station.
- **Please bring a labeled back pack filled with your child's napping items, a change of close in a labeled gallon Ziploc bag, labeled sunscreen, a labeled water bottle, a labeled light jacket, and a labeled lunch bag with a separate morning snack.**

- Parents or Guardians are not permitted to enter the classrooms or playgrounds at this time with the exception of dropping off tuition checks in the preschool office or a need to speak with the director.
- If there are multiple people checking in at the same time, please wait your turn on the taped line, 6 feet apart, to provide proper social distancing.
- We recommend that your child use the restroom prior to leaving for school.
- Please have your child use one pump of hand sanitizer before entering the playground. If we are indoors the teacher will ask the child to wash before starting their day.
- Please place your child's back pack and/ or lunch bag on the blue racks located at the top of the ramp or outside the Angelfish classroom.
- Please tell the playground staff member that you are here and a teacher will open the gate for the child to enter into the play yard.
- Please say goodbye before your child enters the play yard.
- When picking up your child, please sign them out, and gather your child's items from the blue rack at the top of the ramp. If we are indoors please wait outside the classroom on the designated taped line and we will escort your child to you.
- If you forget your child's lunch at drop off, and need to bring one later, please call the pre-school office and a staff member can meet you at the security gate.

**The CDC recommends the same students stay together for the duration of each day. These groups are referred to as "student cohorts". Student cohorts will have 12 children that stay together throughout the day as much as possible.**

**Schedule: Each class will be with their own age group, such as Dolphin, Rainbow, and Angelfish**

- We will be in the modular classrooms from 6:30-8:00am with mixed ages
- 8:00am- 9:00am out on the play-yards with their cohorts.
- At 9:00am the children will gather in their play-yards for song and prayer then divide into their own classrooms for the day.
- Lunch time is from 12:00 -12:30pm.
- The school will provide one afternoon snack.
- If you want to bring a food item to share with other students in celebration of a birthday it must be an unopened store-bought item that is individually wrapped, such as; popsicles, muffins, or apple slices.

**Nap time: No pillows or stuffed animals will be permitted at this time**

- Nap time will be from 1:00-3:00pm.
- The children will be arranged six feet apart with their heads and feet at opposite ends.

- Please bring a labeled thin blanket to cover your child's body for added comfort. All blankets will be stored in your student's cubby. Please be sure to wash it each week.
- The school provides a mat sheet for every student to use and each child will have their own for the length of time they are enrolled at Redeemer.
- All nap mats and sheets are stored in a closed cabinet & washed weekly by staff.

#### **Hand washing:**

- The children will be asked to wash hands throughout the day.
- Before and after eating.
- After toileting and diapering.
- After playing outdoors.
- After sneezing, coughing, or touching their nose and face
- The staff will be wearing gloves and washing hands every 30 minutes throughout the day.
- We have hand washing stations in every play-yard and for each classroom.

#### **Cleaning:**

- The floors were recently waxed in April 2020.
- The area rugs were steam cleaned in April 2020.
- We will continue to clean and disinfect all surfaces throughout the day.
- Manipulatives and toys will be cleaned and sanitized after each individual use throughout the day.
- Outdoor play equipment will be cleaned and sanitized daily.
- Student restrooms are cleaned and sanitized by staff throughout the day.
- Custodial services come five days a week to clean the rooms, bathrooms, kitchen, church office and church.

Thank you for your understanding during this time. We are doing everything possible to ensure your child's health and safety. Please contact us if you have any questions or concerns.

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